



## **Garden City Farmers' Market is an open air farmers' market**

### Here are a few helpful market shopping tips

1. Dress for the weather. Our market is outdoors and not covered. If you are planning to attend one of the many market events/programs, please bring a lawn chair for you to sit on. [2011 Market Event](#)
2. It is always helpful if you bring cash, small bills and change to the market. You will be paying at each individual farmer's stand. An ATM is conveniently located in the Kroger store in the plaza.
3. Although, each farmer provides a bag for purchases, it is a good idea to bring cloth or net shopping bags to consolidate your purchases. You can also bring a wire folding cart, a wagon or even a friend to help you carry your items!
4. When you arrive at the market, take a few minutes to walk around, and see what is available and what the prices are. When comparing prices, make sure that you consider production methods and package sizes.
5. If you decide to try and bargain for a better price, keep in mind that large quantities will get a price break. Do not be afraid to ask.
6. If you do not know what it is - ASK! The average consumer is only familiar with a handful of fruit and vegetables. Expand your cooking horizons and try the new and unusual fruit and vegetables at the market. [Market Recipes](#)
7. Please remember to handle the produce carefully! Don't squeeze the tomatoes or peaches with your fingertips. If you want to check for firmness, place them in your palm and flex your hand. To tell if an ear of corn is fully ripe, feel the end of the ear for fullness. If you are unsure of how to check for firmness, ask the farmer to show you.
8. The farmers are always happy to answer any questions you might have regarding their product. How it is grown, what it is, and how to prepare it. ASK Questions-Don't be AFRAID.